



We are situated just a few minutes walk from South Quay DLR station or across the water from Canary Wharf Jubilee Line tube.

From South Quay DLR, turn right out of the station onto Marsh Wall. Take the first right, Admirals Way and then first left through the barrier. We are located on the right hand side.

If coming from Canary Wharf tube, come up the escalators and turn left following the sign which points to Heron Quay. You will see a glass building in front of you called Jubilee Place. Walk through the building to a footbridge. Cross the bridge and turn right. You will see the sign for Exceptional Health.

Both routes are just a few minutes walk.

If you are driving to us, note Admirals Way has a car park, which can be entered via the entrance nearest to the International Hotel, on Marsh Wall.

Here, there is visitor car parking free for two hours.

Any problem, call reception on 020 7515 5755.